

UnitedHealthcare Medicare PPO Additional Benefits

If you have any questions about these programs your UnitedHealthcare Medicare Advantage representatives are ready to assist—call them at 844-280-7754 or [visit the Additional Benefits page](#).

Personal Emergency Response System (PERS)	With UnitedHealthcare’s Personal Emergency Response System (PERS) help is only a button press away. For additional information or to order your \$0 copay device please visit lifeline.com .
Renew Active	Renew Active offers you free fitness center memberships at any participating gym or fitness center nationwide, an annual personalized fitness plan, and access to on-demand workout videos and livestreaming classes. Visit the Renew Active page to get started .
Rally Coach	Rally Coach offers three programs to help you start living a healthier and happier life: <ul style="list-style-type: none">» Real Appeal, an online weight loss program» Rally Wellness Coaching, digital health and wellness courses and personalized coaching» The Quit for Life® Tobacco Cessation Program These virtual coaching programs are available to you at no additional cost, click here to get started .
Virtual Doctor Visits	If you’d like to have a live video chat with a provider any time, day or night, visit uhcvirtualvisits.com to learn more about Virtual Doctor Visits.
Healthy at Home Benefits	After you are discharged from a hospital or skilled nursing facility you may be eligible for Healthy at Home benefits which can include up to 28 home-delivered meals, 12 one-way rides to and from medical appointments, and six hours of in-home personal care. UnitedHealthcare will reach out if you are discharged from a facility, but if you’d like to learn more call UnitedHealthcare at 844-280-7754.